

MATHIAS ETSEY EDOR, MD, PhD (c)

Physician-Scientist | Public Health Consultant | Author

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PROFESSIONAL PROFILE

Physician-scientist with clinical training spanning general surgery, internal medicine, obstetrics and gynecology, and psychiatry, now focused on public health research, policy, and health-systems strengthening. Currently completing doctoral training in public health alongside a public health residency, building on graduate study in public health, public administration, and business administration. Experienced in hospital-based clinical practice, health program leadership, and community health initiatives in Ghana, with a particular interest in health equity and strengthening care for underserved populations in and across Africa.

Career Objective: is to build a career at the intersection of clinical medicine and public health policy – using research, strategy, and cross-sector collaboration to strengthen health systems. Ultimately to lead a globally impactful public health-focused organization that reduces health disparities in underserved communities.

CORE COMPETENCIES

- Clinical medicine, with hands-on experience across general surgery, internal medicine, psychiatry, obstetrics and gynecology, with an interest in integrated, patient-centered, equitable and holistic care.
- Public health strategy, healthcare economics, policy development, and systems strengthening with expertise in implementation science, programme evaluation and evidence-informed decision-making.
- Research methods, healthcare informatics, and quality assurance, applying evidence-based approaches to service delivery programme evaluation, and health-systems performance with emphasis on impact.
- Data analysis, monitoring and evaluation, impact assessment, and also health program management.

EDUCATION

PhD in Public Health, Family and Reproductive Health January 2025 – December 2027
School of Public Health, University of Health & Allied Sciences, Ho, Ghana

MBA, Human Resource Management October 2022 – September 2025
Central Business School, Central University, Accra, Ghana

MPH, Population, Family and Reproductive Health <i>School of Public Health, University of Ghana, Accra, Ghana</i>	September 2022 – August 2024
MPA, Strategic Management, Leadership, Impact Assessment <i>Ghana Institute of Management & Public Administration, Accra, Ghana</i>	August 2022 – December 2023
MBChB (MD-Equivalent), Medicine and Surgery (Clinical Sciences) <i>University of Ghana Medical School, University of Ghana, Accra, Ghana</i>	June 2017 – November 2020
BSc, Medical (Basic) Sciences <i>School of Biomedical & Allied Health Sciences, University of Ghana, Accra, Ghana</i>	September 2014 – May 2017

PROFESSIONAL & RESEARCH EXPERIENCE

Public Health Resident Membership Training <i>Faculty of Public Health, Ghana College of Physicians & Surgeons, Accra, Ghana</i>	September 2026 – August 2028
Doctoral Fellow Early Career Researcher <i>School of Public Health, University of Health & Allied Sciences, Ho, Ghana</i>	January 2025 – December 2027
Physician-Scientist Public Health Consultant <i>Department of Public Health, Ho Teaching Hospital, Ho, Ghana</i>	December 2023 – Present
Medical Officer General Clinical Practice <i>Akatsi-South Municipal Hospital; St. Paul's Hospital; & Hoggar Clinic, Akatsi, Ghana</i>	September 2023 – November 2023
Medical Doctor Senior House Officer, Psychiatry <i>Department of Psychiatry, Korle-Bu Teaching Hospital, Accra, Ghana</i>	December 2022 – May 2023
Medical Doctor Senior House Officer, General Surgery <i>Department of Surgery, Tema General Hospital, Accra, Ghana</i>	June 2022 – November 2022
Medical Doctor Junior House Officer, Internal Medicine <i>Department of Internal Medicine, Ho Teaching Hospital, Ho, Ghana</i>	December 2021 – May 2022
Medical Doctor Junior House Officer, Obstetrics and Gynecology <i>Department of Obstetrics & Gynecology, Ho Teaching Hospital, Ho, Ghana</i>	June 2021 – November 2021
Volunteer Clinical Practice General Internship <i>Akatsi-South Municipal Hospital; St. Paul's Hospital; & Hoggar Clinic, Akatsi, Ghana</i>	December 2020 – May 2021

LEADERSHIP & GOVERNANCE

Chief Executive Officer, Young and Influential Group, Africa (YIG) November 2020 – Present

Accra & Ho, Ghana | Africa

President, Mathias Edor Ministries, International (MEM) July 2014 – Present

Accra & Ho, Ghana | Worldwide

PROFESSIONAL MEMBERSHIPS & REGISTRATIONS

- Member (In Training), Ghana College of Physicians & Surgeons (GCPS) – since September 2026
- Fellow, Young African Leaders Initiative (YALI) – since July 2025
- Member, Ghana Public Health Association (GPHA) – since November 2024
- Fellow, Ghana School of Internet Governance (GhanaSIG) – since June 2024
- Member, Ghana Medical Association (GMA) – since December 2020

FELLOWSHIPS & AWARDS

- **Mandela Washington Fellowship (MWF 2025), Africa – Awarded, July 2025**
- **GhanaSIG/EGIGFA Fellowship (GhanaSIG 2024), Ghana – Awarded, June 2024**

Nominations: NUGS Excellence Awards (Student Author of the Year, 2019); Youth Empowerment Awards (Writer of the Year, 2021); Ghana Youths' Awards (Youth Author Category, 2022); MTN Heroes of Change (Health and Education Category, 2022); 40 Under 40 Awards (Authorship and Creative Writing, 2022).

AUTHORSHIP

Author of 10 published books to date (December 2015–November 2025), spanning faith, personal growth, human development, creative writing, and purposeful contribution. Full bibliography available on request.

LANGUAGES & INTERESTS

Languages: English, Ewe, Twi

Interests: Faith-based community engagement, philosophy and intellectual enquiry, travel and cultural exploration, authorship and creative expression, music, language learning, human development, and the arts.