LESPWAR TRUST
GIVING HOPE TO CHILDREN OF THE INCARCERATED



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WHO WE ARE



Lespwar Trust is a Kenyan organisation walking alongside children, families and individuals affected by incarceration, poverty, trauma and social exclusion. We believe that incarceration should not become a life sentence for a family. Through counselling, practical support, education, livelihoods and reintegration, we help people heal, rebuild and move forward with dignity.

VISION
A society where incarceration does not define a person's future; where children and families affected by incarceration live with dignity, respect and opportunity, and every person affected by incarceration has the support and freedom to heal, rebuild and thrive.

MISSION
To restore hope, dignity and opportunity through psychosocial support, education, family strengthening, livelihoods, reintegration and practical assistance.

OUR PROGRAMMES & COMMUNITY RESPONSE

CORRECTIONAL PSYCHOSOCIAL SUPPORT
Inmate counselling in prisons and juvenile/correctional settings; individual and group support around trauma, anger, grief, addiction, relationships, rehabilitation and reintegration. We also provide psychosocial support and counselling for correctional staff.

FAMILY MEDIATION & REINTEGRATION
Mediation and counselling between incarcerated people and family members, family strengthening, preparation for release and support for people returning to their families and communities.

CHILDREN OF INCARCERATED PARENTS
Mentorship, counselling, education support and practical assistance for children and families left vulnerable by incarceration, with particular attention to pre-teens and teenagers in the community.

EDUCATION & BASIC NEEDS
School-fee support, food and essential-needs assistance and other targeted support that helps children remain in school and families remain stable during periods of crisis.

LIVELIHOODS & ECONOMIC EMPOWERMENT
Small livelihood grants, savings support, business strengthening and practical financial support for vulnerable women and caregivers, helping families move toward greater stability and self-reliance.

LOW-COST CASH BAIL & LEGAL SUPPORT
Targeted low cash-bail assistance for petty offenders, especially mothers whose children may otherwise be left without care, protection or basic support while their parent remains in remand.

COMMUNITY AWARENESS & STIGMA REDUCTION
Community conversations and awareness activities that challenge stigma surrounding incarceration, strengthen understanding of rehabilitation and encourage communities to support reintegration rather than exclusion.

PARTNERSHIPS & COMMUNITY REBUILDING
We work with correctional institutions, community-based organisations, churches, professionals, schools and other partners to connect families to services, mobilise resources and build sustainable pathways for recovery and reintegration.

OUR IMPACT

40	100	50+	50+
students supported with school fees in 2025	**students supported with school fees in 2026**	**Families supported through livelihood grants**	**children reached through community education/support initiatives**

OUR APPROACH, WHO WE SERVE & PARTNERSHIP

OUR APPROACH
Lespwar supports the whole family, not just the person who is incarcerated. We connect mental and emotional wellbeing with education, practical assistance, economic strengthening and family relationships. Our work is rooted in dignity, compassion, accountability, and the belief that with the right support, people can heal and rebuild.

WHO WE SERVE
Children of incarcerated parents • women and men in correctional settings • juveniles • correctional staff • caregivers and families • people returning from incarceration • vulnerable community households.

WHY PARTNER WITH LESPWAR
The effects of incarceration extend beyond prison walls. Children may lose stability, caregivers may lose income, families may fracture, and stigma can make reintegration harder. Lespwar brings together psychosocial care and practical community support, while working with existing institutions and community partners to strengthen the response.

PARTNER WITH US
Support education, counselling, correctional rehabilitation, family reintegration, clothes, shoes, stationery, dry foods, livelihoods, bail assistance, volunteers, community awareness, and the rebuilding of families affected by incarceration.

"I was in prison, and you visited me." — Matthew 25:36 | Lespwar Trust • Nairobi, Kenya • Registered

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