

OFOQ TRAINING PROGRAM

WERE GROUT FLOWS



Sohar III power plant

What is OFOQ

OFOQ is a training program designed to empower participants through a comprehensive, hands-on learning experience that enhances their readiness for the job market. The program integrates theoretical knowledge with practical application while focusing on the development of both personal and professional skills.

OFOQ places trainees at the heart of the learning journey, encouraging initiative, critical thinking, and meaningful contribution rather than passive participation.

Program Vision

To prepare a proactive, capable generation equipped with the skills and mindset needed to create positive and sustainable impact in the workplace and the community.

Program Objectives

- **Equip trainees with essential workplace skills.**
- **Bridge the gap between theory and real-world practice.**
- **Foster a culture of initiative and teamwork.**
- **Develop communication, planning, and problem-solving skills.**
- **Provide a safe environment for experimentation and learning from mistakes.**
- **Identify and nurture individual talents and potential.**

What Makes OFOQ Unique

- **A trainee-centered learning experience.**
- **Flexible content tailored to participants' needs.**
- **An open environment that encourages dialogue and initiative.**
- **A strong focus on impact, not just output.**

Our Aspirations

- **Expand the program to include specialized training tracks.**
- **Increase the number of impactful professional and community-based projects.**
- **Build a sustainable Afaq alumni network.**
- **Strengthen partnerships with supporting entities and institutions.**
- **Establish Afaq as a leading model for high-quality, practical training programs.**

Program Achievements

- **Number of completed editions: 2**
- **Total number of trainees: 28**
- **Number of implemented projects: 4**

These projects contributed to strengthening trainees' teamwork capabilities and their ability to transform ideas into practical, applicable outcomes.

Program Message

At OFOQ, we believe that training is not a temporary phase, but a journey where vision is shaped, confidence is built, and impact begins.

PROGRAM METHODOLOGY

Practical and Theoretical part.

Enhances hands-on skills through real-world applications.

Builds strong foundational knowledge and industry context.

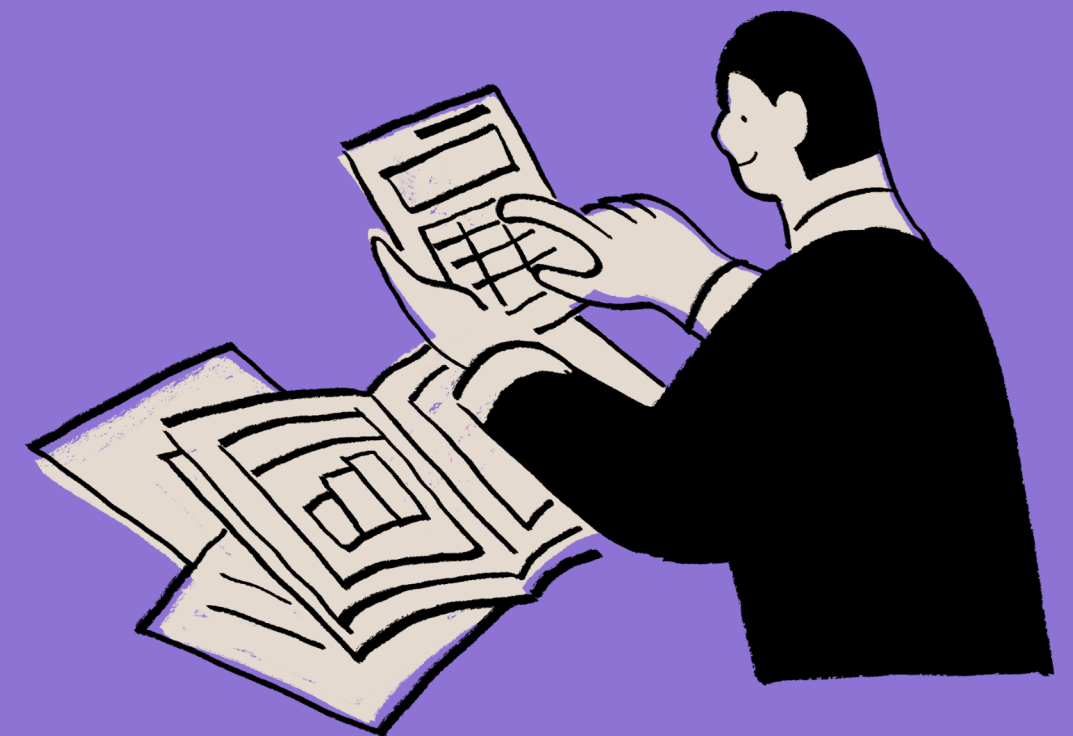


Challenges & Hackathons.

Stimulate innovation, problem-solving, and agile thinking.

Workshops.

Develop communication, collaboration, and professional behavior.



Target Audience

- The OFOQ Training Program targets:
- University students.
- Fresh graduate.

Program Duration

- The OFOQ Program runs for a full two-month period, designed to provide an immersive and well-balanced learning experience that allows trainees to develop skills progressively and apply them in practical settings.



TR

AI

NI

NG

Eligibility & Participation Requirements

To join the Afaq Training Program, applicants are expected to meet the following criteria:

- Be a university student or a recent graduate.
- Demonstrate strong motivation to learn and develop professional skills.
- Commit to full participation throughout the entire two-month program duration.
- Show willingness to work collaboratively within teams.
- Be open to feedback, experimentation, and continuous improvement.
- Maintain professionalism, punctuality, and respect within the learning environment.
- Successfully complete the application and selection process.

TIMELINE

TIME	ACTIVITY	OUTCOME
Week 1	• Introduction to the company’s vision, mission, and values. • Overview of departments and key functions. • Explanation of the training structure and expectations.	• Strong alignment with the company’s culture and values. • Clear understanding of roles, expectations, and the training journey.
Week 2_7	• Hands-on training based on the program's key learning modules. • Rotations, workshops, and practical assignments in relevant departments.	• Hands-on professional skills gained through real workplace experience. • Enhanced collaboration, problem-solving, and practical execution. • Confidence built through continuous learning and application.
Week 8	• Hackathon/Challenge assessment and presentations. • Final evaluations and feedback sessions. • Program closing ceremony and recognition of achievements.	• Showcase of capabilities through final projects and presentations. • Measurable growth, impactful feedback, and achievement recognition. • Readiness to transition into professional environments.



This is not the end — it's just the beginning of something greater.
Ofoq thrives because of you, grows through your commitment, and evolves with your
passion. You turn plans into experiences and ideas into impact.
Let's continue shaping the future together. Let's give every young mind a chance to
explore, to grow, and to dream beyond limits.
Working with Ofoq is not just a task — it's a mission.